

Understanding Mental Illness



- Understand the signs and symptoms of common mental illnesses including Schizophrenia, Depression, Bi-polar Disorder, Seasonal Affective Disorder, Panic Disorder, Obsessive-Compulsive Disorder and various Personality Disorders
- Develop an understanding and strategies for supporting those experiencing a mental illness
- Combat the effects of stigma associated with having a mental illness

Speakers:

Dr. Daniel Chen (Psychiatrist, Flushing Hospital)

Ms. Hui-Ling Wen Hsu, LCSW

(Social Work Supervisor, Creedmoor Psychiatric Center)

Host: Garden of Hope

Date: Saturday, February 16, 2008

Time: 2:00 PM to 4:00 PM

**Place: Chinese American Voice 3 Floor Meeting Room
(133-51 37th Ave, Flushing, NY 11354)**

Questions please contact Garden of Hope at 718-321-8862

Conduct in Chinese

Free Admission

Flushing Community Forum is collaborated by the following ten organizations:

Garden of Hope, Chinese Christian Herald Crusades, Chinese American Voice, American Cancer Society Eastern Division Chinese Unit, Chinese American Business Association, Chinese American Business Women's Association, Chinese-American Parents' Association, Chinese American Voters Association, Flushing Chinese Business Association and Quality Life Forum

法拉盛社區論壇

陪他走出心理黑洞

談心理疾病



您身邊是否有親朋好友常常感到悲傷、孤獨、虛無、絕望、恐懼、遠離人群、甚至有自殺的念頭？人的心理跟身體一樣也會生病，需要尋求專業的幫助。心病尚有心藥醫，讓我們一起以愛心、知識和同理心來接納、幫助心理生病的人及其家屬，陪他們走出心理黑洞。

講員：

陳勤 醫生（法拉盛醫院精神科門診部主任）

文惠玲 社工師（克里模精神療養中心社工督導）

主持：紐約勵馨婦幼關懷中心

日期：二月十六日 (星期六)

時間：下午二時至四時

地點：僑聲廣播電臺三樓會議廳(133-51 37th Ave, Flushing)

洽詢：718-321-8862 紐約勵馨婦幼關懷中心

免費入場！歡迎社區民眾參與，可現場回應、發問、提出寶貴意見。

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優質生活坊 · 美華婦女商會 · 美華工商會 · 華人選民協會